



IMWA THERAPEUTIC USE EXEMPTION REQUIREMENTS

The Therapeutic Use Exemption (TUE) application process provides athletes with an opportunity to apply for a TUE when medical treatment is required involving the use of a prohibited substance or prohibited method. This process, protecting all clean athletes, promotes competition on a level playing field. If a TUE is granted, an athlete may continue, or start to use, the otherwise prohibited substance or method while competing without resulting in an Anti-Doping Rule Violation (ADRV) and sanction, if applicable.

HOW TO AVOID THE RISK TO BE BANNED FROM SPORT

MASTERS WEIGHTLIFTING THERAPEUTIC USE EXEMPTION APPLICATION

INFORMATION FOR ATHLETES REGISTERED TO PARTICIPATE AT INTERNATIONAL MASTERS WEIGHTLIFTING ASSOCIATION WORLD MASTERS AND CONTINENTAL MASTERS WEIGHTLIFTING CHAMPIONSHIPS

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1) WHAT ARE THE BASIC CRITERIAS FOR GRANTING A TUE?

- ✓ The athlete has a clear diagnosed medical condition, which requires treatment using a prohibited substance or method.

- ✓ The therapeutic use of the substance will not, on the balance of probabilities, produce significant enhancement of performance beyond the athlete's normal state of health.

- ✓ The prohibited substance or method is an indicated treatment for the medical condition, and there is no reasonable permitted therapeutic alternative.

- ✓ The necessity to use that substance or method is not the consequence of the prior use (without a TUE), of a substance or method which was prohibited at the time of use.

THE IMWA RECOGNIZES ANY TYPE OF GRANTED TUE



2) DIFFERENT TYPES OF TUE APPLICATIONS

A. I want to compete, but I have a medical condition needing medication. What can I do?

- **ESTABLISH IF YOU ACTUALLY NEED TO APPLY FOR A TUE.**
- **CHECK WITH YOUR PHYSICIAN THE SUBSTANCES OF YOUR MEDICATION AT:**
www.globaldro.com
- If your medical condition involves a treatment using prohibited substance(s) or method(s) you must apply at your National Anti-Doping Agency for a Therapeutic Use Exemption (TUE) together with all your medical data as proof and support.
- **PLEASE USE THE WADA TUE CHECKLIST ON THE LAST PAGE** with your physician to fill out your application with all your relevant medical evidence in the correct way. Within 21 days you will receive a reply from your National Anti-Doping TUE Committee.
- **WRONG OR INCOMPLETE TUE APPLICATIONS WILL NOT BE CONSIDERED AND TIME WILL BE LOST!**
- **YOU ARE REQUESTED TO APPLY AS SOON AS POSSIBLE BEFORE YOUR COMPETITION DATE!!**
- **A completed application DOES NOT GUARANTEE the GRANTING of a TUE!**
- If you have been selected for doping control you must give a copy of your granted TUE to the Doping Officer during your sample collection.

B. I want to compete, but I have a chronic medical condition needing long-term medication. What can I do?

- **ESTABLISH IF YOU ACTUALLY NEED TO APPLY FOR A TUE.**
- **CHECK WITH YOUR PHYSICIAN THE SUBSTANCES OF YOUR MEDICATION AT:**
www.globaldro.com
- If your medical condition involves long-term treatment using the prohibited substance(s) or methods you must apply at your National Anti-Doping Agency for a Therapeutic Use Exemption, in short TUE.
- **If the same medication(s) including the same substance(s) and dosage remain unchanged you can apply for a TUE 4 year cover.**
- **PLEASE USE THE WADA TUE CHECKLIST ON THE LAST PAGE** with your physician to fill out your application with all your relevant medical evidence in the correct way. Within at latest 21 days you will receive a reply from your National Anti-Doping TUE Committee.
- **WRONG OR INCOMPLETE TUE APPLICATIONS WILL NOT BE CONSIDERED AND TIME WILL BE LOST!**
- **YOU ARE REQUESTED TO APPLY AS SOON AS POSSIBLE BEFORE YOUR COMPETITION DATE!!**
- **A completed application DOES NOT GUARANTEE the GRANTING of a TUE!**
- Using any substance prior the reply of the TUE Committee is risking a positive doping result if selected for doping control.



BEWARE:

DURING A PERIOD OF A TUE GRANTED: IF FOR WHATEVER REASON YOUR TREATMENT CHANGES LIKE DIFFERENT MEDICATION/SUBSTANCE, FREQUENCY OR DOSAGE etc., YOUR GRANTED TUE MAY NOT COVER THIS CHANGE UNLESS CLARIFIED FROM THE BEGINNING BY YOUR PHYSICIAN WITH MEDICAL EVIDENCE.

IN THIS CASE YOU MUST APPLY THROUGH YOUR PHYSICIAN FOR A NEW TUE DESCRIBING AND LISTING THE CHANGED MEDICATION.

- **If you have been selected for doping control you must give a copy of your granted TUE to the Doping Officer during your sample collection.**

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C. I want to compete, but I have a sudden medical condition needing short-term medication. What can I do?

- **ESTABLISH IF YOU ACTUALLY NEED TO APPLY FOR A TUE.**
- **CHECK WITH YOUR PHYSICIAN THE SUBSTANCES OF YOUR MEDICATION**
AT: www.globaldro.com
- **If your medical condition occurred suddenly, as an emergency/injury and happens shortly before your competition in which it involves treatment using a prohibited substance(s) or method(s) you must apply at your National Anti-Doping Agency for a **RETRO-ACTIVE Therapeutic Use Exemption** as soon as possible.**
- **PLEASE USE THE WADA TUE CHECKLIST ON THE LAST PAGE** with your physician to fill out your application with all your relevant medical evidence in the correct way. Within at latest 21 days you will receive a reply from your National Anti-Doping TUE Committee.
- **WRONG OR INCOMPLETE TUE APPLICATIONS WILL NOT BE CONSIDERED AND TIME WILL BE LOST!**
YOU ARE REQUESTED TO APPLY AS SOON AS POSSIBLE BEFORE YOUR COMPETITION DATE!!
- **This application can only be applied for your **NEAREST** upcoming competition. If your Retro-Active TUE has been granted and you have been selected for doping control you must give a copy to the Doping Officer during your sample collection.**
- **A completed application DOES NOT GUARANTEE the GRANTING of a TUE!**
- **Using any substance prior the reply of the TUE Committee is risking a positive doping result if selected for doping control.**

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3) YOU CAN APPLY DIRECTLY TO THE IMWA

WHAT ARE THE CRITERIA TO APPLY FOR ANY OF THE ABOVE DESCRIBED TUE APPLICATION TYPES DIRECTLY TO THE INTERNATIONAL MASTERS WEIGHTLIFTING ASSOCIATION?

D. I want to compete, but I have a (sudden) medical condition needing medication. I am **NOT AFFILIATED TO MY SPORT GOVERNING BODY and **MY NATIONAL ANTI-DOPING ORGANISATION does NOT process any TUE applications from me.** What can I do?**

- **ESTABLISH IF YOU ACTUALLY NEED TO APPLY FOR ANY KIND OF TUE.**
 - **CHECK WITH YOUR PHYSICIAN THE SUBSTANCES OF YOUR MEDICATION AT:**
www.globaldro.com
 - **PLEASE USE THE WADA TUE CHECKLIST ON THE LAST PAGE** with your physician to fill out your application with all your relevant medical evidence in the correct way and send the documentation directly to
 - **ONLY Masters Weightlifters who are denied any type of TUE application have the right to apply **DIRECTLY** to the IMWA.**
The IMWA is in contract with the Hungarian Anti-Doping Organisation who manages the complete IMWA Anti-Doping Program, including the sample collection, any TUE/Retro-Active TUE application and the Result Management of any possible positive returned doping control result. The cost for any type of TUE application procedure is US\$ 900 and must be paid by the applicant (athlete).
For more information please contact the secretariat: imwla.antidoping@gmail.com and legal@antidopping.hu
 - **IF your filled out application with all your relevant medical evidence has been submitted in the correct way, within 21 days you will receive a reply you will receive a reply from HUNADO'S TUE Committee.**
 - **WRONG OR INCOMPLETE TUE APPLICATIONS WILL NOT BE CONSIDERED AND TIME WILL BE LOST!**
 - **YOU ARE REQUESTED TO APPLY AS SOON AS POSSIBLE BEFORE YOUR COMPETITION DATE!!**
 - **A completed application DOES NOT GUARANTEE the GRANTING of a TUE!**
 - **Using any substance prior the reply of the TUE Committee is risking a positive doping result if selected for doping control.**
 - **If you have been selected for doping control you must give a copy of your granted TUE to the Doping Officer during your sample collection.**
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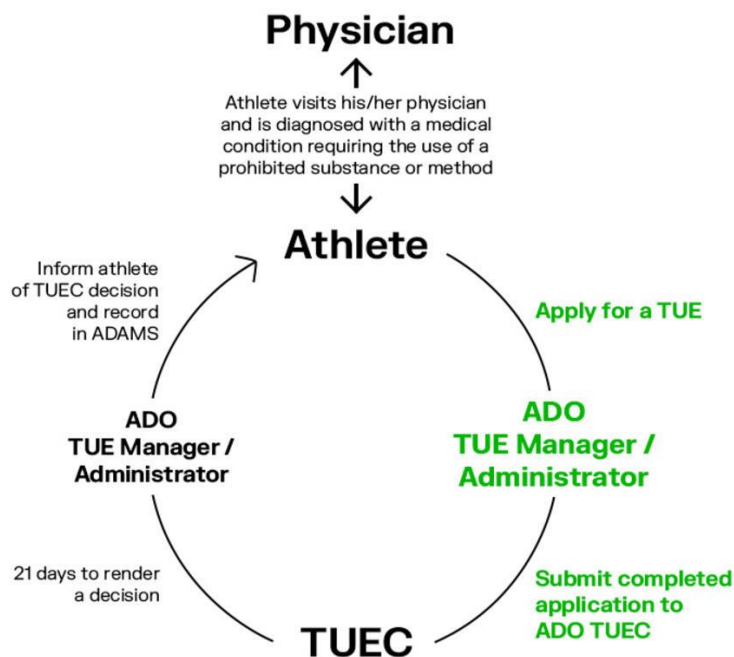
4) WHAT HAPPENS WHEN YOU ARE SELECTED FOR DOPING CONTROL AND YOU ARE UNDER MEDICAL TREATMENT WITHOUT HAVING ANY TYPE OF GRANTED TUE?

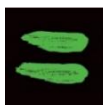
AVOID THE SHAME, AVOID THE HASSLE!!

- If your Doping Test result returns positive the IMWA through HUNADO will automatically start the Result Management of your test result. You will receive a notification letter describing the findings, your rights and responsibilities as well as the WADA laboratory written test results and a copy of your doping control form.
- If an athlete applies for a Retro-Active TUE **AFTER** the doping control result, the athlete will receive an invoice of US\$ 900 directly from HUNADO.
- If the same athlete suffers from a chronic medical condition (like diabetes etc..) and applies for a longterm TUE supported by medical evidence, HUNADO can grant such TUE up to 4 years for the same cost. In such case an athlete receiving a granted Retro-active TUE and a granted long term TUE will be invoiced not more than US\$ 900 in total.

For more information please contact the secretariat: imwla.antidoping@gmail.com

5) Please follow the steps as displayed to your NADO or IMWA





6) Checklist for Therapeutic Use Exemption (TUE) Application

This Checklist is to guide the athlete and their physician on the overall requirements for a TUE application that will allow the TUE Committee to assess whether the relevant ISTUE Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents **MUST** be provided. *A completed application and checklist DOES NOT guarantee the granting of a TUE.* Conversely, in some situations a legitimate application may not include every element on the checklist.

<input type="checkbox"/>	Application form included
<input type="checkbox"/>	All handwritten information is legible and all sections are completed
<input type="checkbox"/>	All information is in a language accepted by ADO
<input type="checkbox"/>	Applying physician signed
<input type="checkbox"/>	Athlete signed
<input type="checkbox"/>	Medical report included
<input type="checkbox"/>	Medical history: symptoms, age at onset, course of disease, start of treatment; typical symptoms and complications (where applicable)
<input type="checkbox"/>	Findings on physical examination
<input type="checkbox"/>	Interpretation of symptoms, signs and test results by physician
<input type="checkbox"/>	Diagnosis based on current internationally accepted criteria
<input type="checkbox"/>	Substance prescribed, dosage, frequency, administration route
<input type="checkbox"/>	Evidence of follow-up/monitoring of athlete by physician
<input type="checkbox"/>	Diagnostic test results included (copies of originals or printouts)
<input type="checkbox"/>	Laboratory tests (where applicable)
<input type="checkbox"/>	Imaging or other test results (where applicable)
<input type="checkbox"/>	Additional information included
<input type="checkbox"/>	As per ADO specification