



PROVISIONAL TIME TABLE SUBJECT TO CHANGE

2024 MEDITERRANEAN MASTERS WEIGHTLIFTING

& INTERNATIONAL OPEN TOURNAMENT

25 - 26 - 27 APRIL 2024

DURRES - ALBANIA

FINAL BODY WEIGHT CATEGORY CHANGE 18 APRIL BY EMAIL

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	Weigh - in	Start	AGE GROUP	BODY/WEIGHT Cat.	Session
THURSDAY 25/04/2014	07:00 - 08:00	10:00	M85-80-75-70-65	ALL	1
	10:15 - 11:15	12:15	W75-70-65-60	ALL	2
	12:30 - 13:30	14:30	W55-50	ALL	3
Weightlifting Opening Ceremony					
	14:45 - 15:45	16:45	M60-55	ALL	4
	16:30 - 17:30	18:30	M50	55-61-67-73 kg	5
	18:15 - 19:15	20:15	M50	81-89-96-102-109-109+	6
FRIDAY 26/04/2014	07:00 - 08:00	09:00	W45	ALL	7
	10:15 - 11:15	12:15	M45-40	55-61-67-73 kg	8
	12:30 - 13:30	14:30	M45-40	81-89-96-102-109-109+	9
	14:45 - 15:45	16:45	W40	ALL	10
	16:30 - 17:30	18:30	W35	ALL	11
	18:15 - 19:15	20:15	M35	55-61-67-73 kg	12
SATURDAY 27/04/2014	07:00 - 08:00	09:00	M35	81-89-96-102-109-109+	13
	10:15 - 11:15	12:15	W30	ALL	14
	12:30 - 13:30	14:30	M30	55-61-67-73 kg	15
	14:45 - 15:45	16:45	M30	81-89-96 kg	16
	16:30 - 17:30	18:30	M30	102-109-109+ kg	17

CLOSING BANQUET AT THE GRAND BLUE Fafa RESTAURANT AT 20:00